

# Authentic & Emotional

We have a social responsibility to listen and share. Women of color are reclaiming their voices and reminding us that they should not have to ask to be seen or heard. This experience aims to expand on this and invite women of color to share their voices, tell their stories, and reflect on their memories through art.

We are grateful for the women who trust us and allow us the opportunity to celebrate their beauty, truth, and strength. This experience is inspired by the stunning women we have come to know and love. Our mission is to offer a space for women of color to be celebrated in an authentic way.

### Market Street Studio

Julie Lieblich is a portrait photographer specializing in modern studio portraiture. She is a native of Washington, D.C. Julie owns and operates Market Street Studio, a full-service boutique photography studio in Gaithersburg, Maryland. The studio supports many local businesses and special events throughout the year.

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Denise Adams-Hill

How important is diversity to you, and what value does it bring? Understanding that all cultures share the same goals and values is the cornerstone to healing this country's tangible and often painful divide.

What's an accomplishment you're truly proud of? Raising two children as the only parent in the household.

What piece of advice do you have for women who are struggling with their self-worth? Find a mentor, even if that mentor is a virtual mentor – someone you are unfamiliar with. Devour their life story and note how an experience or experiences that challenged their self-worth resonates with challenges you face, and be encouraged by their struggle on the journey to your self-worth.

What did you enjoy most about the CYC photoshoot experience? Committing to spending some time on self-care.

# Jasmin Bhalodia

"They have no idea the fierceness that lurks within your petite frame."—Victoria Christopher Murray





# Toni Boyette

"Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us."

—Wilma Rudolph

### Caroline Branch

What's an accomplishment you're truly proud of? One of my proudest accomplishments is writing my first children's book and receiving the hard copy in the mail. I attribute my determination to persevere and rise above life's challenges to knowing my self-worth. Not allowing people's opinions to devalue or taint my perspective of myself has made all the difference in my life.

What does being a woman of color mean, and how do you celebrate it? I am a proud beneficiary of the freedoms and liberties that are possible because of the sacrifices that our ancestors have made possible for us. I wear my color as a badge of honor. It's more than the melanin in my skin. There's honor and pride in knowing that there is inherited greatness in my DNA. It was passed down from generation to generation. All we have to do is ride (forward motion) on their shoulders, take advantage of the opportunities afforded to us, and share them with the world. I celebrate myself daily, whether it's my food choices, what I wear, my naturally coily hair, my choice of words, and more. It's woven into my being. When I look in the mirror, I see a free black woman who is free to be herself all because of my ancestors' sacrifices. On Sundays, as I gather to fellowship with my sisters and brothers in the church, we sing hymns of praise to God. Hymns that originated from our ancestors in captivity. They were their cry out for help and freedom. We're living it, and it's all because of you!

What piece of advice do you have for women who are struggling with their self-worth? How we view ourselves has the potential to make or destroy us. We are in control of our narrative. Our story's ending is solely up to us. Others may play a role, but yours counts – no one's opinion matters regarding your perspective and interpretation of yourself. How your story begins will be paramount to how it ends. Life-altering experiences are unavoidable, but they shouldn't change how you view yourself. When you know your Worth, you can stand firm in your beliefs and remain true to yourself.





### Annie Cichocki

"I define joy as a sustained sense of well-being and internal peace – a connection to what matters." —Oprah Winfrey

Marie Cornejo

How important is diversity to you, and what value does it bring? Being raised in a Filipino household and living in one of the most diverse cities in the country, I would say that diversity is very important. Diversity brings so many new experiences and ideas to the table. Whether it's a group of friends hanging out or a group of co-workers collaborating on a project, when diverse individuals come together and interact with one another, it can lead to increased social cohesion and a more inclusive society.

What's an accomplishment you're truly proud of? I am truly proud of being able to finish college all the while being a young, single mom. I am also extremely proud of myself for stepping outside of my comfort zone by starting my own business.

What does it mean to be a woman of color and how do you celebrate it? Being a woman of color means breaking barriers. It means showing up and doing everything you can to be a better human being. I celebrate by supporting other women of color and supporting those who support women of color.

What piece of advice do you have for women who are struggling with their self-worth? Every day, look at yourself in the mirror and tell yourself that you are capable, you are loved, you are a badass. Do it enough times until you really know this. EVERY. SINGLE. DAY.

Do you have a favorite quote or words to live by? "The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; ... who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly." —T. Roosevelt

What did you enjoy most about the CYC photoshoot experience? The fact that it was so chill and you left feeling amazing.





### Carletta Fellows

How important is diversity to you, and what value does it bring? Diversity is a word that varies in meaning depending on how it is used. For example, there is diversity in the workplace, diversity of perspectives, diversity of cultures, diversity of hues, diversity of gender, diversity of religion/spirituality, and diversity of language. I can go on and on, but just as diversity has many spectrums of its use, it is a necessary component of the richness of our human experience. Once we embrace diversity, we will truly know what it means to treat all people with humanity, dignity, and respect.

What does being a woman of color mean, and how do you celebrate it? To be a woman of color is to believe in oneself, honor my ancestors, and encourage the younger generation to dream beyond their perceived limitations. I celebrate myself daily through song, dance, and self-affirmations. I celebrate myself by celebrating others.

What piece of advice do you have for women who are struggling with their self-worth? I advise women to take time to breathe, look in the mirror, and celebrate the wins and rest when the mind and body insist.

**Do you have a favorite quote or words to live by?** "The best way to find out what you want in life is to try a lot of things." —Oprah Winfrey

What did you enjoy most about the CYC photoshoot experience? CYC was my first-ever photoshoot experience. I loved everything about it. I loved the freedom to be in the moment and relax. I loved the pampering. I loved the connections and the patience of the photographer, Julie. Thanks for posing me!

Andrea Forsythe

What piece of advice do you have for women who are struggling with their self-worth? The most important love relationship one can be in is the one with themselves. Start there.

Do you have a favorite quote or words to live by? "If your dreams don't scare you – they're too small." —Richard Branson

What did you enjoy most about the CYC photoshoot experience? I enjoyed the time that Julie took with me to get my look just right. She listened to my vision and delivered.





### Janice Jones

How important is diversity to you, and what value does it bring? Diversity is extremely important to me! Diversity allows us to be educated about people we wouldn't usually be exposed to in a similar group.

What's an accomplishment you're truly proud of? I am the best parent I could be to my son. I've had the benefit of a village, and I have always tried to be a part of a village in the lives of others. I have tried to teach my son, Sjon, and my grandson, Tiree, to be respectful, gentlemanly, and best at whatever they want to be.

What does being a woman of color mean, and how do you celebrate it? As a woman of color, I am responsible for living a life of ministry. To pass forward all that I've learned at every opportunity. And the importance of keeping your word and your dignity. Don't let anyone cause you to lose, either. I celebrate by engaging with my Aunt Minnie, because my beloved mother passed away years ago. Talking with my aunt about things she had gone through in the deep South during segregation and how she persevered. My aunt is like a "continuing education course." Forever learning!

What piece of advice do you have for women who are struggling with their self-worth? Dig deep to find out what you do the best and put value to it. It's there! Once you define what it is, hold on to it, no matter what others may say. Don't allow anyone to deflate your self-worth.

Do you have a favorite quote or words to live by? "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." —Maya Angelou

"Strive to be sunshine in somebody's darkness." —Janice Jones

Eun-Joo Kim

"Determine to live life with flair and laughter." —Maya Angelou





# Belen Marquina

"Breathe. Let go. And remind yourself that this very moment is the only one you know you have for sure." —Oprah Winfrey

# Tracey McMichael

"You don't make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas."—Shirley Chisholm





# Morgan Monkou

How important is diversity to you, and what value does it bring? Diversity is incredibly important to me as an artist and a human in general. Coming together in a community of people from different backgrounds and cultures is a beautiful gift. It allows us to appreciate the beauty and identity in everyone around us. It also gives me pride in my skin, knowing that I am also contributing to that pool of diversity.

What's an accomplishment you're truly proud of? I am very proud that I choose a career off the beaten path that works for me. I decided to take a chance and focus on a makeup and hair career that made me happy, which has truly paid off.

What does being a woman of color mean, and how do you celebrate it? It is incredibly empowering to be a black woman! I have two children that I am raising every day to be proud of the skin that they are in. We are changing the beauty standards set in place when I was growing up. It feels amazing to be a part of that cultural shift and celebrate that with my kids.

What piece of advice do you have for women who are struggling with their self-worth? We are all human and struggle with insecurities. When I have those self-deprecating moments, I try to remind myself of all the fantastic things I have accomplished. I think about all the people I have helped and those who have helped me. This truly helps me embrace self-love and self-worth, so I encourage others to reflect on the positive things they have done as well.

Do you have a favorite quote or words to live by? "Great achievements are not accomplished without hard work and rejection." —Morgan Monkou

# A MARKET STREET STUDIO SPECIAL EXPERIENCE Celebrate Jour Color: Kids FOR INCREDIBLE & UNIQUE YOUNG WOMEN AGES 11-17 Very often, children of color face many of the same challenges that their parents, older family, and community members face. It's not lost on us that children face adversity, and it can be challenging to be heard. We want to celebrate their confidence, kindness, silliness, power, joy, frustration, love, growth, and passion. We want

This photoshoot series is a unique experience for children of color to celebrate and recognize their power and impact. This experience allows them to recognize their individuality, feel empowered by their beauty, see themselves as powerful agents of positive change in their communities, and feel seen, valued, and celebrated for who they are.

to showcase the things most important to them

and give them the opportunity to shine.

MARKETSTREETSTUDIO.COM/CYC-KIDS



### Brenda Siler

How important is diversity to you, and what value does it bring? Diversity is key, but for America, we must go beyond race. Diversity as a range – age, religion, gender, sexual preference, religion, political affiliation, education, hair, where you're from, and so much more, down to a granular level.

What's an accomplishment you're truly proud of? I was the first person of color to be chairperson of the International Association of Business Communicators, a global organization of professionals practicing communications inside businesses.

What does it mean to be a woman of color and how do you celebrate it? Being a woman of color still means the struggle continues, but I celebrate by being an example for the next generation.

What did you enjoy most about the CYC photoshoot experience? The photoshoot made me feel gorgeous!

# Cynthia Terry-Edd

How important is diversity to you, and what value does it bring? As an educator, diversity is very important because I play a role in shaping the future of our culture. I must teach our young students to value people who look different than themselves. I find books, music, poetry, and real pictures that showcase people in all forms.

What's an accomplishment you're truly proud of? My greatest accomplishment thus far is becoming a mom. My daughter is a beautiful, brown, Boston-bred incredible young lady in training.

What does it mean to be a woman of color and how do you celebrate it? I celebrate being a woman of color by remembering the women in my family who have come before me and the advice they have given me. I know that being a Black woman requires an extra dose of fortitude and strength. It also requires maintaining my own self-worth. I am a role model for a young Black girl coming up.

Do you have a favorite quote or words to live by? "When someone is taught the joy of learning, it becomes a life-long process that never stops, a process that creates a logical individual. That is the challenge and joy of teaching." —Marva Collins

What did you enjoy most about the CYC photoshoot experience? I was so honored to be chosen by Julie...I've always loved modeling, the whole photoshoot concept and what it entailed. I had so much fun! Julie made me feel comfortable on the stage and encouraged me to dive in and don't hold back! I'm ready to find my next "stage!" Thank you, Julie.





Carol Turner

How important is diversity to you, and what value does it bring? Extremely important, because if it does not exist, the world would only be exposed to a limited view and direction. Lack of diversity creates low creativity and acceptance of different perspectives.

What's an accomplishment you're truly proud of? Reaching my goals and achievements in the technology world that lacked diversity for decades.

What does it mean to be a woman of color and how do you celebrate it? Letting people know that I'm very proud of who I am. Exude confidence to those around you. I celebrate life and those around me.

What piece of advice do you have for women who are struggling with their self-worth? You are who you are. Let your light shine as only you can and the world will recognize your talent.

Do you have a favorite quote or words to live by? Never let the sadness of your past and fear of your future ruin the happiness of your present.

# Dr. Vanessa Watson-Long

"It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences."—Audre Lorde





# Darcelle Wilson

"Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us." — Wilma Rudolph

### Dawnita Wilson

How important is diversity to you, and what value does it bring? As a Chief Diversity Officer who has done this work for over 15 years, I understand the importance of diversity and the value it brings to everything. The power of diversity can't be denied; it makes the world go around. We should embrace it, and we should appreciate it.

What's an accomplishment you're truly proud of? I'm proud of every opportunity I've had to open the hearts and minds of others. My work has allowed me to inspire change I never would have anticipated.

What does being a woman of color mean, and how do you celebrate it? Being a woman of color means being bold, resilient, and non-apologetic. I celebrate who I am daily and am thankful for the tribe of women of color who continue to uplift and support me.

What piece of advice do you have for women who are struggling with their self-worth? You are enough. No one else is like you, and that's the beauty of being exactly who you are.

**Do you have a favorite quote or words to live by?**"A girl should be two things: who and what she wants." —Coco Chanel

What did you enjoy most about the CYC photoshoot experience? Having the opportunity to be photographed in such a professional and perfect way while supporting another woman's business.





# Kyndall Wright

"Hate is too great a burden to bear. It injures the hater more than it injures the hated." —Coretta Scott King

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